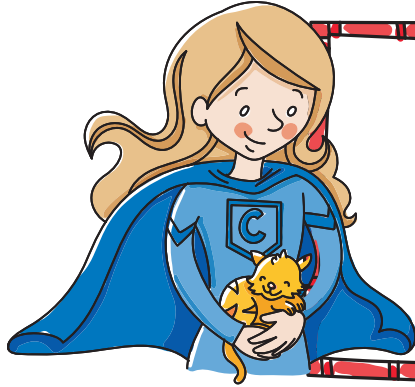


Value:

COMPASSION



Compassion is a feeling of sympathy and sorrow for someone who is stricken by misfortune, accompanied by a strong desire to alleviate the suffering. Compassion is the ability to show tenderness and mercy for others who are less fortunate.

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Ryan Hreljac

At a young age, Ryan Hreljac learned that some people could not get fresh, or even any, drinking water in their country. As soon as Ryan heard this, he decided to raise money to build a well in Uganda. Once he discovered how much this would cost, he decided he could not do it alone. For years, Ryan worked hard to bring fresh water to this in need. He also found ways to get water to permanently be stationed in some of the countries most in need. His team of helping people was very successful. When he first started this endeavor, he was only 6 years old! He found ways to serve the world and make it a better place! Sometimes it is hard to think outside of ourselves. But maybe we can think of Ryan's example, and notice people around us who need help, who need compassion. – Juliana C.



Make a "Compassion Jar". Cut out several slips of paper and write on each a way to show compassion. For example: Hold the door for someone, smile at a stranger, or read to a younger child. Choose one to do each day.